

**RECOVERY Collaborative Group 2021**

**Aspirin in patients admitted to hospital with 4 COVID-19 (RECOVERY): a randomised, controlled, 5 open-label, platform trial (NCT04381936, MedRxiv, 08.06.2021)**

Methodology	Population	Intervention	Control	Limitations	
Investigator-initiated, multicenter, randomised, controlled, open-label, platform trial  Randomization 1:1  Duration of the study: 01/11/2020 – 21/03/2021	N=14892 Hospitalized patients with COVID-19.  <u>Inclusion criteria:</u> clinically suspected or laboratory confirmed SARS-CoV-2 infection and no medical history that might, in the opinion of the attending clinician, put the patient at significant risk if they were to participate in the trial <u>Exclusion criteria:</u> <18 years, patients with known hypersensitivity to aspirin, a recent history of major bleeding, or currently receiving aspirin or another antiplatelet treatment	Ni=7351  aspirin (150 mg 1xd, until discharge)	Nc=7541  Usual care	<ul style="list-style-type: none"> <li>- Detailed information on radiological or physiological outcomes was not collected</li> <li>- it cannot be excluded that reporting of thromboembolic and bleeding events might have been influenced by knowledge of treatment allocation.</li> <li>- Unstratified randomization;</li> <li>- No blinding;</li> <li>- Pre-print</li> </ul>	
	Mean age (SD) – yr	59.2 (14.1)	59.3 (14.3)		
	<70, (%)	77	77		
	≥70 to <80, (%)	16	1165 (15%)		
	≥80 (%)	7	8		
	Male sex, %	62	61		
	Number of days since symptom onset	9 (7-12)	9 (6-12)		
	Number of days since hospitalisation	1 (1-3)	2 (1-3)		
	Respiratory support received (%)	None/simle oxygen	67		67
		Non-invasive ventilation	28		28
		Invasive mechanical ventilation	5		5
	Previous diseases (%)	Diabetes	22		22
		Heart disease	11		10
		Chronic lung disease	19		19
		Severe liver disease	1		1
		Severe kidney impairment	3		3
	C-reactive protein, mg/L	88 (47-146)	91 (47-150)		
	Ferritin, ng/mL	76 (63-93)	76 (62-92)		
	Creatinine, umol/L	475 (205-1088)	489 (210-1083)		
	Main other treatment received (%)	Systemic corticosteroids	94		94
Dexamethasone		87	89		
Azithromycin or other macrolide		27	27		
Remdesivir		26	26		
Colchicine		23	24		

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Results

Outcome		follow-up period	Intervention	Control	Statistical significance of differences	
					Relative parameter – rate ratio (95%CI)	Absolute parameter (95%CI)
event						
Mortality, n/N (%)		28 days	1222/7351 (17)	1299/7541 (17)	0.96 (0.90; 1.03)	-
Median time to being discharged alive, days		-	8 (5 to >28)	9 (5 to >28)		-
Discharged from hospital within 28 days, n/N (%)		28 days	5496/7351 (75%)	5548/7541 (74%)	<b>1.06 (1.02; 1.10)</b>	ND
					^1.02 (0.997; 1.036)	-
Receipt of invasive mechanical ventilation or death*, n/N (%)	Overall		1473/6993 (21%)	1569/7169 (22%)	0.96 (0.90; 1.03)	-
	Invasive mechanical ventilation		772/6993 (11%)	829/7169 (12%)	0.95 (0.87;1.05)	-
	Death		1076/6993 (15%)	1141/7169 (16%)	0.97 (0.90;1.04)	-
Successful cessation of invasive mechanical ventilation, n/N (%)			135/358 (38%)	135/372 (36%)	1.08 (0.85-1.37)	-
Renal replacement therapy, n/N (%)			273/7291 (4%)	282/7480 (4%)	0.99 (0.84-1.17)	-
Any thrombotic events			339 (4.6%)	396 (5.3%)	0.88 (0.76-1.01)	-
Any major bleeding			115 (1.6%)	76 (1.0%)	<b>1.55 (1.16-2.07)</b>	<b>NNH=180 (109; 513)</b>

Supgroup analysis\*\*

Mortality, n/N (%)	Age	<70	28 days	578/5658 (10.2%)	619/5786 (10.7%)	0.95 (0.85–1.07)	-
		≥70 to <80		376/1163 (32.3%)	401/1165 (34.4%)	0.94 (0.81–1.08)	-
		≥80		268/530 (50.6%)	279/590 (47.3%)	1.13 (0.95–1.34)	-
	Respiratory support at randomization	No ventilator support		537/4936 (10.9%)	549/5036 (10.9%)	1.00 (0.89–1.13)	-
		Non-invasive ventilation		539/2057 (26.2%)	592/2133 (27.8%)	0.93 (0.83–1.05)	-
		Invasive mechanical ventilation		146/358 (40.8%)	158/372 (42.5%)	0.97 (0.77–1.22)	-
	Use of corticosteroids	Yes		1141/6906 (16.5%)	1227/7109 (17.3%)	0.95 (0.88–1.03)	-
		No		79/441 (17.9%)	71/425 (16.7%)	1.09 (0.79–1.51)	-
	Days since symptom onset	≤7		493/2424 (20.3%)	563/2581 (21.8%)	0.93 (0.82–1.05)	-
		>7		729/4923 (14.8%)	735/4954 (14.8%)	1.00 (0.90–1.11)	-

**Authors' conclusion: In patients hospitalised with COVID-19, aspirin was not associated with reductions in 28-day mortality or in the risk of progressing to invasive mechanical ventilation or death but was associated with a small increase in the rate of being discharged alive within 28 days.**

\*Analyses exclude those on invasive mechanical ventilation at randomization; \*\* also no statistically significant difference in terms of sex and ethnicity; ^Relative risk; Agency's own calculations